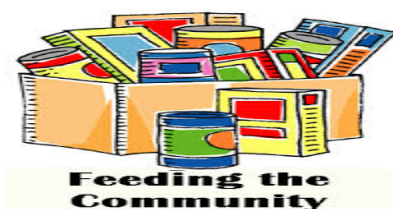


# The Parsippany Emergency Food Pantry

## Needs Your Help!



Please help us support our community by  
Donating to The Parsippany Emergency Food Pantry  
Located At: 1130 Knoll Road, Lake Hiawatha 07034

**The Shelves Are Quite Bare**

**Any Non-Perishable Food Items Are Welcome**

### Items We Especially Need

- Peanut Butter & Jelly
- Rice (All Types)
- Instant Potatoes
- Pasta Sauce (In Jars)
- Cans or Jars of Fruit
- Canned Meats, Tuna, Chicken, Vienna Sausages
- Chef Boyardee (Any Meals)
- Cereal, Oatmeal, Breakfast Items
- Drinks – Water, Juice Etc.
- Personal Care Items: Toilet Paper, Laundry Detergent, Paper Towels, Dish Soap, Body Soap, Shampoo, Toothpaste, Feminine Products

**Gluten Free and Low Sodium foods**  
**Baby Products (Diapers, Formula, Baby Food)**

Food Donations Accepted  
Monday – Friday  
9am-4:45 at  
The Parsippany  
Community Center  
1130 Knoll Rd Lk.  
Hiawatha

